Introduction to Econometrics, Spring 2025

Lecture 1: Causal Inference in Social Science

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Review the Last Lecture

The Previous Lecture

- Scientific Method in Big Data and AI Age
 - econometrics has played and will play a key role in social science research.
- What is Econometrics?
 - Using economic theories and statistical methods to analyze data
 - Two missions: Causal Inference and Scientific Prediction

- Logistics
- Course website
- Evaluation(you care about most)
 - Class Participation (10%)
 - Homework: (30%)
 - Team Project: (20%)
 - Final Exam: (40%)

The Previous Lecture

Please make a wise decision

- In a word, Intro 'Metrics is an essential and intriguing yet challenging course.
 - Please consider carefully before enrolling
 - Once committed, please work hard on it!
 - And don't forget enjoing the process of working hard!

Causal Inference in Social Science

The Purposes of Empirical Studies



• Lord Kelvin(1824-1907)

• British mathematical physicist and engineer

"The objective of science is the discovery of the relations".

- In most cases, we often want to explore the relationship between two variables in one study.
 - education and wage
- Then, in simplicity, there are two relationships between two variables.
 - 。Correlation(相关)V.S. Causality (因果)

A Classical Example: Hemline Index(裙边指数)

• **George Taylor**, an economist in the United States, made up the phrase it in the 1920s. The phrase is derived from the idea that hemlines on skirts are shorter or longer depending on the economy.



• Therefore what is about now? Short shirt is resorting?

Causality and Big Data

• Some Big Data researchers think causality is not important any more in our times.

Viktor Mayer-Schönberger is the OII's Professor of Internet Governance and Regulation. His research focuses on the role of information in a networked economy.



"Look at correlations. Look at the 'what' rather than the 'why', because that is often good enough." by Viktor Mayer-Schonberger(2013)

Causality and Econometrics

• Most empirical economists think that correlation only tell us the **superficial**, even **false** relationship while causal inference can provide solid evidence of the real relationship.





Joshhua Angrist(MIT,Noble Prize winner)

Jörn-Steffen Pischke(LSE)

"the most interesting and challenging research in social science is about cause and effect" by Angrist and Pischke(2009)

Causality and Machine Learning



The Book of Why



Judea Pearl(UCLA), Turing Award winner

"Mind Over Data" and "Causal Revolution" by Judea Pearl(2018)

Causality and Machine Learning

- Machine learning is a set of data-driven algorithms that use data to predict or classify some variable Y as a function of other variables X.
- Machine learning is mostly about prediction.
 - Having a good prediction does work sometimes but does NOT mean understanding causality.
- The biggest difference between machine learning and econometrics(or causal inference).
- Although two fields have developed in parallel for a while, a view to incorporating advantages of both methodologies is emerging.
 - eg. Causal Machine Learning

The Central Question of Causality

The Central Question of Causality(I)

- A simple example: **Do hospitals make people healthier?**
 - (Q: Dependent variable and Independent variable?)
- Two key questions are documented by the questionnaires from The National Health Interview Survey(NHIS)
 - 1.
 - 2.
- A naive solution:

The Central Question of Causality(II)

| Group | Sample Size | Mean Health Status | S.D |
|-------------|-------------|--------------------|-------|
| Hospital | 7774 | 2.79 | 0.014 |
| No Hospital | 90049 | 2.07 | 0.003 |

- In favor of the non-hospitalized, WHY?
- Because...
- The simple case exhibits that it is not easy to answer a causal question in reality, so let us **formalize a model** to show where the problem is.

The Central Question of Causality(III)

• A right way to answer the question is by constructing a counterfactual world

What if ..., then

- For any respondent, we want to compare health outcomes between two states
 - Health status if he/she see the doctor.
 - Health status if he/she **had not** see the doctor.
- **Treatment** D_i is a dummy that indicate whether individual i receive treatment or not, then

- Examples
 - Go to college or not
 - Have health insurance or not

Formalization: Neyman-Rubin Causal Model





Donald Rubin(1943-present)

Jerzy Neyman(1894–1981)

Formalization: Potential Outcomes

- A **potential outcome** is the outcome that would be realized if the individual received a specific value of the **treatment**(intervention, action, interference).
- For each individual, two potential outcomes, Y_{1i} and Y_{0i} , one for each value of the treatment

NOTE HERE

• Then, the observed outcomes are realized as

$$Y_i = Y_{1i}D_i + Y_{0i}(1-D_i)$$

Stable Unit Treatment Value Assumption (SUTVA)

- Implies that potential outcomes for an individual *i* are unaffected by the treatment status of other individual *j*
 - Individual *i*'s potential outcomes are only affected by his/her own treatment.
- Rules out possible treatment effect from other individuals (spillover effect/externality)
 - **Contagion effect**: people who have been treated may affect the untreated people.
 - **Displacement effect**: people who have been treated may move to the control group.

Formalization: Causal Effects

- To know the difference between Y_{1i} and Y_{0i} , two potential health outcomes, which can be said to be the causal effect of seeing a doctor on health for individual *i*.
 - Do you agree with it?

- Notes:
 - The definition depends on the potential outcomes, **not on which outcome is actually observed**.
 - The comparison is made for **the same unit at the same moment** in time after treatment.

Formalization: Causal Effects

- Further, knowing individual effect is not our final goal. As a social scientist, we would like more to know the average effect as a social pattern.
- Therefore it makes us focus on the average health status for a group of people.
 - How can we get the **average health benefits** from seeing a doctor?
- Expectation: We usually use $E[Y_i]$ (the expectation of a variable Y_i) to denote population average of Y_i
- **Conditional Expectation**: the expected value of a random variable given certain conditions or information.

Average Causal Effects

- **Difficulty**: we can never directly observe causal effects (ICE, ATE or ATT)
 - Because we can never observe both potential outcomes Y_{0i} , Y_{1i} for any individual.
- Our aims is to compare **potential outcomes**, but we only have **observed outcomes**.
- By this view, **causal inference** refers to a series of methods that are used to **restore or construct counterfactuals** in order to address the missing data problem.

Observed Association and Selection Bias

• By using **observed data**, we can only establish **association(correlation)**, which is the observed difference in average outcome between those getting treatment and those not getting treatment.

NOTE HERE

• The first term on the right side is actually **ATT**

$$E[Y_{1i}|D_i = 1] - E[Y_{0i}|D_i = 1]$$

• The second term on the right side is called as **Selection Bias(SB)**

 $E[Y_{0i}|D_i=1]-E[Y_{0i}|D_i=0]$

- which implies the potential outcomes of treatment and control groups are different even if both groups did not receive the same treatment from the beginning.
- **Conclusion**: **Observed association** is neither necessary nor sufficient for causality for **SB**

$$lpha_{corr}
eq ATT$$

Wrap Up

- Causal inference is the process of **estimating a comparison of counterfactuals** under different treatment conditions on the **same** set of units.
- The main goal of identification strategy is to **eliminate the selection bias** and **construct a more proper counterfactual** using the **observable data**.
- The Next Question:
 - How to eliminate the selection bias?

Experimental Design as a Benchmark

How to Eliminate the Selection Bias?

- Answer: Random assignment of treatment *D_i* can eliminates selection bias.
- Mathematically , it makes D_i independent of potential outcomes, thus

 $D_i \perp (Y_{0i},Y_{1i})$

• Math Review: Two random variables are said to be **independent** if knowing the outcome of one provides **no** useful information about the outcome of the other. Thus,

Random Assignment Solves the Selection Problem

• Math Review: Expectation for Independent Random Variables

NOTE HERE

• Then for D is independent to Y, we have

 $E[Y_{0i}|D_i=1] = E(Y_{0i}) = E[Y_{0i}|D_i=0]$

NOTE HERE

• Thus the **Selection Bias** equals to **ZERO**. The **Observed Association** equals to **ATT** and **ATE**.

 $\alpha_{corr} = \alpha_{ATT} = \alpha_{ATE}$



- Think of causal effects is about **comparing counterfactuals or potential outcomes**. However, we can never observe both counterfactuals
 - the fundamental problem of causal inference.
- To construct the counterfactuals, we could use two broad categories of empirical strategies

1.Random Controlled Trials/Experiments:

- The data collected by RCTs is called experimental data, which is selection-bias free.
- It can eliminates selection bias which is the most important bias arises in empirical research.
- If we could observe the counterfactual directly, then just simply difference.

2.Nonexperimental Methods:

• The data collected is **ex-post** data or **naturally-occuring** data which can not be selection-bias free.

Randomized Controlled Trials(RCTs)

RCTs: Introduction

- A randomized controlled trial (RCT) is a form of investigation in which units of observation (e.g. individuals, households, schools, states) are **randomly assigned** to **treatment** and **control** groups.
- RCT has two features that can help us hold other things equal and then eliminates selection bias

1.Random assign treatment:

- Randomly assign treatment (such as a coin flip) ensures that every observation has the same probability of being assigned to the treatment group.
- Therefore, the probability of receiving treatment is unrelated to any other confounding factors.

2.Sufficient large sample:

- Large sample size can ensure that the group differences in individual characteristics wash out.
- RCTs are considered the **gold standard** for establishing a causal link between an intervention and change.

RCTs in History: The first one in record



James Lind(1716-1794)

• a Scottish physician in the Royal Navy.

- The first recorded RCT was done in 1747.
- Scurvy(败血症) is a terrible disease caused by Vitamin C deficiency.
- Lind took 12 sailors with scurvy and split them into six groups of two.
- Groups were assigned:
 - 1.1 qt cider(苹果酒)
 - 2. 25 drops of vitriol(硫酸)
 - 3. 6 spoonfuls of vinegar,
 - 4. 1/2 pt of sea water,
 - 5. garlic, mustard and barley water(大麦汤)
 - 6. 2 oranges and 1 lemon

RCTs in History: The first one in record



• Only Group 6 (citrus fruit) showed substantial improvement.

RCTs in History: Modern era



Ronald A. Fisher(1890-1962)

- British statistician and geneticist who pioneered the application of statistical procedures to the design of scientific experiments.
 - "a genius who almost single-handedly created the foundations for modern statistical science."
- Rothamsted Experimental Station is one of the oldest agricultural research institutions in the world, having been founded in 1843.
- Fisher changed the way that agricultural experiments were designed and analyzed over 100 years ago.

RCTs in Economics



Published Papers in Economics Journals

EKONOMIPRISET 2019 THE PRIZE IN ECONOMIC SCIENCES 2019









Abhijit Banerjee

Esther Duflo

Michael Kremer

"för deras experimentella ansats för att mildra global fattigdom" "for their experimental approach to alleviating global poverty"

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Noble Prize 2019
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+Duflo(2018),Randomized Controlled Trials,Development Economics and Policy Making in Developing Countries

RCTs in Public Policies

- According to Boruch et al(1978), 245 randomized field experiments had been conducted in U.S for social policies evaluations up to 1978.[†]
- The huge effort has been prompted by the 1% part of every social budget devoted to evaluation.
- Some of them were ambitious and very costly, and affected different kind of policies.
 - the Perry Preschool Program in 1961
 - The Rand Health Insurance Experiment from 1974-1982.

+ Boruch RF, Mcsweeny AJ, Soderstrom EJ. Randomized field experiments for program planning, development, and evaluation: an illustrative bibliography. Eval Q. 1978 Nov;2(4):655-95.

RCTs in Public Policies

Education: the Perry Preschool Program

- 123 children born between 1958 and 1962 in Michigan
- Half of them (drawn at random) entered the Perry school program at 3 or 4 years old.
- Education by skilled professionals in nurseries and kindergarten.
- Program duration circle 30 weeks
- follow-up survey (age : 14, 15, 19, 27 and 40 years old)

Health Care: The Rand Health Insurance Experiment

- 5809 people randomly assigned in 1974 to different insurance programs with 0%, 25%, 50% and 75% sharing.
- They were followed until 1982.
- Main results : paying a portion of health cost make people give up some "superfluous" cares, with little harm on their health.
- But some heterogeneity : not true for poor people.

RCTs in Public Policies



Scott Rozelle(Standford)

- "One egg a day" program in rural China by REAP at Stanford.
 - One egg a day
- "Free-lunch" program in primary schools at Western China.
 - Free Lunch
- Talk: 中国农村儿童发展怎样影响未来中国

RCT in Business

• An interesting question: What is the optimal color for taxis?





Taxi in NJ

Taxi in NYC

• Ho, Chong and Xia(2017), Yellow taxis have fewer accidents than blue taxis because yellow is more visible than blue, PNAS

RCT in Business

• Another Critical Question for Business: Is Working at Home is better than Working at Office?



- Bloom, Liang, Roberts and Ying, (2015), "Does Working from Home Work? Evidence from a Chinese Experiment", The Quarterly Journal of Economics
- Bloom, Han and Liang(2022), "How Hybrid Working From Home Works Out", NBER working papers w30292

James Liang(梁建章)



• Lab Experiments

- eg: students evolves a experiment in a classroom.
- eg: computer game for gamble in Lab
- Field Experiments
 - eg: the role of women in household's decision or fake resumes in job application
- Quasi or Natural Experiments: some unexpected institutional change or natural shock
 - eg: Germany Reunion, Great Famine in China and U.S Bombing in Vietnam.

Limitations of RCTs and Why Econometrics?

Limitations of RCTs

RCTs are not easy in practice!

- High Costs, Long Duration
- Small sample: Student Effect
- Hawthorne effect(霍桑效应) : The subjects are in an experiment can change their behavior.
- Attrition (样本流失) : It refers to subjects dropping out of the study after being randomly assigned to the treatment or control group.
- Failure to randomize or failure to follow treatment protocol: People don't always do what they are told.

• eg. Wearing glasses program in Western Rural China.

Limitations of RCTs

RCTs are far from perfect!

- Limited Generalizability
- RCTs allow us to gain knowledge about causal effects but without knowing the mechanism.
- Potential Ethical Problems:

"Parachutes reduce the risk of injury after gravitational challenge, but their effectiveness has not been proved with randomized controlled trials."

- Some classical examples
 - Milgram Experiment
 - Stanford Prison Experiment
 - Monkey Experiment

Why Econometrics?

- We can generate the data of our interest by controlling experiments just as **physical scientists or biologists** do.
- However, it is quite obvious that we face **more difficult and controversial situations** than those in any other sciences.
- The various approaches using naturally-occurring data provide alternative methods of constructing the proper counterfactuals
 - Econometrics
- Congratulation! We work and study in a field that is **tougher and more challenging than others**, which includes a vast amount of scientific knowledge.
- When conducting empirical research, regardless of the methods we use, we should consider **randomized experimental methods as our benchmark**.

Program Evaluation Econometrics

- Since non-experimental data suffer from selection bias inherently, or in terms of **endogeneity**, *building a reasonable counterfactual world using naturally occurring data to find proper control groups* is the core of econometric methods.
- Here you Furious Seven Weapons in Applied Econometrics(七种盖世武器)
- RCTs (随机对照试验)
- Regression(回归)
- Matching(匹配)

- Instrumental Variable(工具变量)
- Regression Discontinuity(断点回归)
- Differences in Differences(双差分)
- Synthetic Control(合成控制)
- We will cover all these methods in this course for the whole semester.



Two Examples of RCTs

- Draw schools (n = 420) randomly from all school in California
- Randomly assign them to small class (< 20 students) and large class (\geq 20 students)
- Variables:
 - Outcomes: grade test scores (Stanford-9 achievement test, combined math and reading), district average
 - Covariates: family income, parents education, migration status,....

| TABLE 4.1 Summary of the Distribution of Student–Teacher Ratios and Fifth-Grade Test Scores for 420 K–8 Districts in California in 1998 | | | | | | | | | |
|---|---------|-----------------------|------------|-------|-------|-----------------|-------|-------|-------------|
| | | | Percentile | | | | | | |
| | Average | Standard Deviation | 10% | 25% | 40% | 50% (median) | 60% | 75% | 90 % |
| Student-teacher ratio | 19.6 | 1.9 | 17.3 | 18.6 | 19.3 | 19.7 | 20.1 | 20.9 | 21.9 |
| Test score | 665.2 | 19.1 | 630.4 | 640.0 | 649.1 | 654.5 | 659.4 | 666.7 | 679.1 |

Summary

• Does this table tell us anything about the relationship between test scores and the STR?



Summary

• What does this figure show? and it may suggest...?

- We need to get some numerical evidence on whether districts with low STRs have higher test scores.
- But how?
 - 1. Compare average test scores in districts with low STRs to those with high STRs ("estimation")
 - 2. Test the "null" hypothesis that the mean test scores in the two types of districts are the same, against the "alternative" hypothesis that they differ ("hypothesis testing")
 - 3. Estimate an interval for the difference in the mean test scores, high v. low STR districts ("confidence interval")
- Don't forget! our sample is just a random sample from the population of all California schools.

• Compare districts with **small** and **large** class sizes:

| Class size | Average score | Standard deviation | Ν |
|------------|---------------|--------------------|-----|
| Small | 657.4 | 19.4 | 238 |
| Large | 650 | 17.9 | 182 |

- 1. Estimation of Δ = difference between group means
- 2. Test the hypothesis that $\Delta = 0$
- 3. Construct a confidence interval for Δ

Wrap Up

Frame Comparing Means from Different Populations

• In an RCT, we would like to estimate the average causal effects over the population

 $ATE = ATT = E\{Y_i(1) - Y_i(0)\}$

• We only have random samples and random assignment to treatment, then what we can estimate instead

$$difference\ in\ mean = \overline{Y}_{treated} - \overline{Y}_{control}$$

• Under randomization, difference-in-means is a good estimate for the ATE.

Is WFH is better than WFO?

Working from Home(WFH) v.s Working from Office(WFO)

- "Does Working from Home Work? Evidence from a Chinese Experiment", by Nicholas A. Bloom, James Liang, John Roberts, Zhichun Jenny Ying The Quarterly Journal of Economics, February 2015, Vol. 130, Issue 1, Pages 165-218.
- Basic Question: WFH=SFH?
 - SFH(Shirking from Home)?

WFH is becoming popular across the world

- Working from home is a modern management practice which appears to be spreading in the US and Europe.
 - 20 million people in US report working from home at least once per week



- Little evidence on the effect of workplace flexibility
 - productivity(shirking)
 - employee satisfaction

Ctrip Experiment

- Ctrip, China's largest travel-agent, with 16,000 employees, \$6bn NASDAQ in 2015.
- James Liang, Co-founder of Ctrip, was an Econ PhD at Stanford and decided to run a experiment to test WFH at his own company.
- The experiment runs on **airfare & hotel departments** in Shanghai.
- Main Work: Employees take calls and make bookings.





Headquarters in Shanghai



Call Center Floor

Main Lobby



Team Leader Monitoring Performance

Citrip SH Office

The Experimental Design

- **Treatment**: work 4 shifts (days) a week at home and to work the 5th shift in the office.
- **Control**: work in the office on all 5 days.
- Timeline:
 - early Nov.2010, all employees were informed of the WFH program(994 employees).
 - 503 (51%) volunteered for the experiment,249 (50%) of the employees are eligible.
 - The treatment and control groups were then determined from this group of 249 employees through a public lottery.





Treatment groups were determined by a lottery





Working at home

Working at home

Working at home

Citrip WFH

Balanced Checks

| Table 20.1 Covariate balar | nce | | | |
|------------------------------------|----------------|--------------|----------|-----------------|
| | | | | p-value of test |
| | Treatment mean | Control mean | Std.dev. | of equal means |
| Number of observations | 131 | 118 | 249 | |
| Prior performance z-score | -0.03 | -0.04 | 0.58 | 0.87 |
| Age | 24 | 24 | 4 | 0.85 |
| Male | 0.47 | 0.47 | 0.50 | 0.99 |
| Secondary technical school | 0.46 | 0.47 | 0.50 | 0.80 |
| High school | 0.18 | 0.14 | 0.36 | 0.38 |
| Tertiary | 0.35 | 0.36 | 0.48 | 0.94 |
| University | 0.02 | 0.03 | 0.15 | 0.91 |
| Prior experience (months) | 19 | 17 | 26 | 0.48 |
| Tenure (months) | 26 | 28 | 22 | 0.45 |
| Married | 0.22 | 0.32 | 0.44 | 0.07 |
| Children | 0.11 | 0.24 | 0.38 | 0.01 |
| Age of youngest child | 4.60 | 3.00 | 3.35 | 0.14 |
| Rent apartment | 0.24 | 0.20 | 0.42 | 0.44 |

Results: the number of receiving calls



Results: Working hours



Results: Productivity

| | (1) | (2) Minutes | (3) | (4) | (5) Minutes | (6) |
|---------------------------------------|----------|----------------|---------|-------------|----------------|---------|
| | Minutes | on the | | Minutes | on the | |
| | on the | phone/days | Days | on the | phone/days | Days |
| Variables | phone | worked | worked | phone | worked | worked |
| $Experiment_t^*Treatment_i$ | 0.088*** | 0.063*** | 0.025** | 0.069** | 0.049* | 0.021 |
| | (0.027) | (0.024) | (0.012) | (0.030) | (0.027) | (0.013) |
| $Experiment_t^*Treatment_i^*$ | | | | 0.069^{*} | 0.055^{*} | 0.014 |
| $[\text{total commute} > 120 \min]_i$ | | | | (0.036) | (0.031) | (0.017) |
| Number of employees | 134 | 134 | 134 | 134 | 134 | 134 |
| Number of weeks | 85 | 85 | 85 | 85 | 85 | 85 |
| Observations | 9,426 | 9,426 | 9,426 | 9,426 | 9,426 | 9,426 |

Results: Productivity

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Conclusion: Very positive

- They found a highly significant 13% increase in employee performance from WFH,
 - of which about 9% was from employees working more minutes of their shift period (fewer breaks and sick days)
 - and about 4% from higher performance per minute.
- Home workers also reported substantially higher work satisfaction and psychological attitude scores, and their job attrition rates fell by over 50%.